

ABSTRACT OF THE DISCLOSURE

An air resistance force generating device for exercisers includes a tubular casing driven by the user and having a shaft rotatably received therein. A plurality of frames extend radially outward from the casing and each frame is a closed frame so
5 as to enclose a through space. A plurality of blades each have one end thereof reeving through the shaft and the other end of the each blade is slidably received in the frame corresponding thereto. An adjusting member is connected to an end of the casing and the shaft has an end fixed to the adjusting member so that the blades can be wrapped around the shaft by rotating the adjusting member.